



Orpington Dental Care

NEWSLETTER - SPRING 2015

Would you like to smile and eat with confidence?

If missing teeth are causing you pain, discomfort and embarrassment, then dental implants could be the solution for you. They can replace any number of teeth, from a single tooth to a complete set.

People often tend to lose teeth either through dental trauma or due to decay, gum disease or old age. Whatever the reason for losing your teeth, they need to be replaced both for cosmetic and functional reasons. Implants can provide a long term solution, slow down bone loss and preserve nearby tooth tissue. Dental implants are the most aesthetically pleasing and effective means of replacing lost or damaged teeth to enable you to eat, chew and speak exactly as you would with natural teeth.

Helen, the Principal Dentist at Orpington Dental Care has recently qualified and is now able to offer dental implants to our patients. For further information on how dental implants could help you to transform your smile and boost your self-esteem, please contact our reception team who will be able to answer your questions and book you in for an initial consultation.



Our principal dentist, Helen, is fully qualified to offer you dental implants to help improve your smile.



Busy at work?

If you are short on time and find making your dental appointments difficult, we have great news. We have extended our opening hours on a Tuesday and Wednesday till 7.00 pm!

If you would like to book an appointment, call us on 01689 872217.

Let's get social!

Don't forget to connect with us today to keep up to date with all the latest news and offers happening at the practice.

 Follow us! @orpingtondental

Smile bright!

Have you ever felt self-conscious about your smile, or simply just wished your teeth were whiter?

Then we can help. As we age our teeth naturally become darker, so tooth whitening can make a huge difference by not only removing stains caused by smoking, red wine, tea and coffee but also by making you look younger. Not only will a whiter, brighter smile make you feel more confident but it will make a more memorable impression on others.

We offer Zoom!® whitening to help you to achieve your dream smile.

For more information, call us on 01689 872217.



Calling all nervous patients

We recognise that, for many people, a trip to the dentist can be a terrifying prospect. We understand that many people become anxious at the mere thought of having dental treatment or even setting foot in a dental practice, but our team are highly trained in the treatment of nervous patients. Help is at hand if you have a fear or feel anxious about visiting the dentist.

We offer sedation to our patients to make the experience of dental treatment more relaxed and comfortable for you. We have

services of a qualified medical doctor and anaesthetist to provide intravenous sedation for nervous patients.

The drug used for sedation has three main effects:

- To promote a feeling of calm within the patient
- To reduce patient awareness of treatment
- To provide a powerful amnesia so that the patient remembers very little of the procedure.

Whilst the effects are variable, most people enter a state that allows treatment to be performed without undue anxiety.

We also provide relative analgesia, often referred to as laughing gas, and will sometimes combine it with hypnosis to help patients to feel more relaxed. We have had excellent results, especially with our younger patients who we find often enjoy visiting us for treatment.

For more information on sedation for you or your child, contact us on 01689 872217.



Fed up with a crooked smile and fancy straighter teeth in just six months?

We can help with Six Month Smiles®, a short term orthodontic solution which uses discreet tooth coloured wires.

These wires gently straighten and align teeth in an average of just six months. If you have been put off by unsightly metal braces or the thought of wearing aligners every day for a few years, this is a quick fix for crooked teeth.

How does it work?

Six Month Smiles® braces use low force to move teeth comfortably. It focuses upon the cosmetic appearance of your teeth and not the position of your bite. The treatment can be used to align teeth, close most spaces, even large ones and to level out crowded teeth.

Interested? For more information or to discuss how this treatment could work for you, call us on 01689 872217.